

National Health Observances 2014

JANUARY

- Cervical Health Awareness Month
- National Birth Defects Prevention Month
- National Glaucoma Awareness Month
- National Radon Action Month
- Thyroid Awareness Month
- National Stalking Awareness Month
- National Winter Sports TBI Awareness Month
- National Folic Acid Awareness Week (6-12)
- National Drug Facts Week (27-Feb. 2)

FEBRUARY

- AMD/Low Vision Awareness Month
- American Heart Month
- International Prenatal Infection Prevention Month
- Teen Dating Violence Awareness Month
- National Children's Dental Health Month
- African Heritage & Health Week (1-7)
- Give Kids a Smile Day (7)
- National Wear Red Day (7)
- Congenital Heart Defect Awareness Week (7-14)
- National Black HIV/AIDS Awareness Day (7)
- National Donor Day (14)

MARCH

- National Colorectal Cancer Awareness Month
- National Endometriosis Awareness Month
- National Kidney Month
- National Nutrition Month®
- Save Your Vision Month
- National Problem Gambling Awareness Month
- Trisomy Awareness Month
- Workplace Eye Wellness Month
- Patient Safety Awareness Week (2-8)
- National Sleep Awareness Week® (2-9)

- National School Breakfast Week (3-7)
- National Youth Violence Prevention Week (7-11)
- National Women and Girls HIV/AIDS Awareness Day (10)
- World Kidney Day (14)
- Brain Awareness Week (10-16)
- National Poison Prevention Week (16-22)
- Flood Safety Awareness Week (17-21)
- National Native American HIV/AIDS Awareness Day (20)
- National Tsunami Preparedness Week (23-29)
- World Tuberculosis Day (24)
- American Diabetes Alert Day (25)

APRIL

- Alcohol Awareness Month
- Irritable Bowel Syndrome Awareness Month
- National Autism Awareness Month
- National Child Abuse Prevention Month
- National Distracted Driving Awareness Month
- National Donate Life Month
- National Facial Protection Month
- National Minority Health Month
- National Sarcoidosis Awareness Month
- Occupational Therapy Month
- Sexual Assault Awareness and Prevention Month
- Sports Eye Safety Awareness Month
- STI Awareness Month
- Women's Eye Health and Safety Month
- Sexual Assault Awareness Month Day of Action (1)
- World Health Day (7)
- National Public Health Week (7-13)
- National Alcohol Screening Day® (10)
- National Youth HIV/AIDS Awareness Day (10)

- National Infertility Awareness Week (20-26)
- Every Kid Healthy Week™ (21-25)
- World Immunization Week (23-30)
- World Meningitis Day (24)
- National Infant Immunization Week (26-May 3)
- Air Quality Awareness Week (April 28-May 2)

MAY

- Arthritis Awareness Month
- Better Hearing and Speech Month
- Global Employee Health and Fitness Month
- Global Youth Traffic Safety Month
- Healthy Vision Month
- Hepatitis Awareness Month
- National Asthma and Allergy Awareness Month
- National Osteoporosis Awareness and Prevention Month
- Melanoma/Skin Cancer Detection and Prevention Month®
- Mental Health Month
- National Celiac Disease Awareness Month
- National Mediterranean Diet Month
- National High Blood Pressure Education Month
- Preeclampsia Awareness Month
- National Osteoporosis Awareness and Prevention Month
- National Teen Pregnancy Prevention Month
- Ultraviolet Awareness Month
- UV Safety Month
- Hand Hygiene Day (5)
- North American Occupational Safety and Health Week (4-10)
- National Bike to School Day (7)
- Children's Mental Health Awareness Week (4-10)
- Cornelia de Lange Syndrome Awareness Day (10)
- Food Allergy Awareness Week (11-17)

National Health Observances 2014

- National Women's Health Week (11-17)
- National Alcohol- and Other Drug-related Birth Defects Week (12-16)
- National Asian and Pacific Islander HIV/AIDS Awareness Day (19)
- National Women's Check-up Day (12)
- HIV Vaccine Awareness Day (18)
- World Autoimmune Arthritis Day (20)
- Recreational Water Illness and Injury Prevention Week (19-25)
- Heat Safety Awareness Day (23)
- National Hurricane Preparedness Week (25-31)
- National Senior Health and Fitness Day (28)
- World No Tobacco day (31)

JUNE

- Fireworks Safety Month (June 1-July 4)
- Cataract Awareness Month
- Men's Health Month
- Myasthenia Gravis Awareness Month
- National Aphasia Awareness Month
- National Safety Month
- National Scleroderma Awareness Month
- National Cancer Survivors Day (1)
- Men's Health Week (9-15)
- World Sickle Cell Day (19)
- National HIV Testing Day (27)

JULY

- Cord Blood Awareness Month
- Juvenile Arthritis Awareness Month
- National Cleft and Craniofacial Awareness and Prevention Month
- Fireworks Safety Month (June 1-July 4)
- International Group B Strep Awareness Month
- World Hepatitis Day (28)

AUGUST

- Children's Eye Health and Safety Month

- National Breastfeeding Month
- National Immunization Awareness Month
- Psoriasis Awareness Month
- World Breastfeeding Week (1-7)
- National Health Center Week (10-16)

SEPTEMBER

- Childhood Cancer Awareness Month
- Fruit and Veggies – More Matters Month
- Healthy Aging® Month
- Infant Mortality Awareness Month
- National Atrial Fibrillation Awareness Month
- National Food Safety Education Month
- National Cholesterol Education Month
- National Pediculosis Prevention Month/Head Lice Prevention Month
- National Recovery Month
- National Sickle Cell Month
- Newborn Screening Awareness Month
- National Yoga Awareness Month
- Ovarian Cancer Awareness Month
- Prostate Cancer Awareness Month
- Whole Grains Month
- World Alzheimer's Month
- National Suicide Prevention Week (7-13)
- World Suicide Prevention Day (10)
- National Celiac Disease Awareness Day (13)
- Get Ready Day (16)
- National HIV/AIDS and Aging Awareness Day (18)
- National Rehabilitation Awareness Celebration (21-27)
- Sport Purple for Platelets Day (26)
- National Farm Safety and Health Week (21-27)
- National Gay Men's HIV/AIDS Awareness Day (27)
- National School Backpack Awareness Day (17)
- National Women's Health and Fitness Day™ (24)
- RAINN Day (27)

- Family Health and Fitness Day USA® (27)
- World Rabies Day (28)
- World Heart Day (29)

OCTOBER

- Domestic Violence Awareness Month
- Eye Injury Prevention Month
- Health Literacy Month
- Home Eye Safety Month
- National Bullying Prevention Month
- National Down Syndrome Awareness Month
- National Breast Cancer Awareness Month
- National Physical Therapy Month
- Sudden Infant Death Syndrome Awareness Month
- National Depression Screening Day (9)
- Metastatic Breast Cancer Awareness Day (13)
- National Latino AIDS Awareness Day (15)
- International Infection Prevention Week (19-25)
- Respiratory Care Week (19-25)
- World Pediatric Bone and Joint Day (19)
- World Psoriasis Day (29)
- Drive Safely Work Week (7-11)
- International Walk to School Day (8)
- Mental Illness Awareness Week (6-10)
- Bone and Joint Health National Awareness Week (12-20)
- National Health Education Week (14-18)
- Red Ribbon Week (23-31)

NOVEMBER

- American Diabetes Month
- COPD Awareness Month
- Diabetic Eye Disease Month
- Lung Cancer Awareness Month
- National Alzheimer's Disease Awareness Month
- National Family Caregiver's Month

At~A~Glance

National Health Observances 2014

- National Healthy Skin Month
- National Hospice Palliative Care Month
- National Stomach Cancer Awareness Month
- Drowsy Driving Prevention Week (3-7)
- Great American Smokeout (20)
- Gastroesophageal Reflux Disease (GERD) Awareness Week (23-29)
- International Survivors of Suicide Day (22)

DECEMBER

- Safe Toys and Gifts Month
- World AIDS Day (1)
- National Handwashing Awareness Week (7-13)
- National Influenza Vaccination Week (7-13)

Source: 2014 National Health Observances, National Health Information Center, U.S. Dept. of Health and Human Services, Office of Disease Prevention and Health Promotion. Website: www.healthfinders.gov